

How to Join in on the Family Swims 2021-22

Antigonish County Recreation and Town of Antigonish Recreation are hosting Family Swims at the Alumini Aquatic Center! We are committed to doing our part to help stop the spread of COVID-19 and the swims are in accordance with Public Health Guidelines.

Effective October 4, 2021, people in Nova Scotia are required by law to show proof that they are fully vaccinated to participate in discretionary, non-essential events and activities where people gather together. As a business/organization hosting and/or supporting these events and activities we are required to check for Proof of Vaccination (PoV). We cannot allow people to participate in programs/events/activities supported by Antigonish County Recreation and/or Town of Antigonish Recreation if they do not show proof of full vaccination and identification (ID).

You can find full details in the “Guide for providing your full proof of vaccination for events and activities” in the link below. Please note the grace periods for youth who have turned 12 between January 31st, 2021 and October 4th, 2021, and youth who turn 12 after October 4th, 2021.

<https://novascotia.ca/coronavirus/docs/proof-full-vaccination-guide-events-activities-en.pdf>

IN PERSON REGISTRATION REQUIRED

- Prior to a Family swim, participants need to monitor themselves and their child(ren) for any symptoms for COVID-19, as identified on the provincial 811 website.
- Individuals may not attend a swim if sick or symptomatic, have visited a Covid-19 exposure site, have travelled outside of Nova Scotia in the past 14 days, or Public Health has informed you that you have been in close contact with a Covid-19 case.
- If a swim participant does not respect public health directives, the participant may be withdrawn from the activity.
- Masks are mandatory within the facility until you are ready to enter the pool.
- When arriving at the Alumni Aquatic Center, participants must check in at the Welcome desk.
- You must be accompanied in the pool by an adult if 12 years or younger.

New Families to the Aquatics Center

- New families to the facility are asked to create a user profile with the pool desk staff; sign a program waiver; show PoV and ID for those 12 years and older; and if interested, consent to the recording of your PoV status.
- **PLEASE NOTE:** Allow for some extra time as this process will take roughly 10-15 minutes. Creating a user profile can happen anytime during Welcome desk hours. If possible, we encourage families to create their profile in advance of the swim.

Returning Families to the Aquatics Center

- All participants 12 years and older are asked to show a picture ID. (A student ID will suffice for those participants who do not have a driver’s licence, or another government approved photo ID)

POOL POLICIES AND PROCEDURES FOR FAMILY SWIMS

- If possible, participants can arrive wearing their bathing suits underneath their clothes for efficiency purposes. We understand this recommendation is not equally achievable for all families.
- Male and female chaperones are needed for change room supervision and guidance. A family change area is available on deck in the lifeguard office. Recreation staff can support access via the pool's side door.
- We recommend you bring a lock with you for use in the change rooms.
- Masks are to be worn into the pool area. Prior to entering the pool, we suggest participants bring a plastic zip lock bag for their mask while they are swimming. Participants are asked to retrieve their masks when exiting the pool.
- Children 12 years of age and under must at all times be accompanied by, and under direct supervision of a parent or guardian.
- In the pool, children 7 years of age and under must be within arms reach of the responsible adult (age 18+ years).
- 1 Adult to every 3 swimmers age 5 and under
- 1 Adult for every 6 swimmers age 6 and 7

GENERAL POOL POLICY AND PROCEDURES

- Horseplay is prohibited; this includes but is not limited to pushing, pulling and unnecessary splashing.
- Running, and diving in the shallow end is prohibited.
- Outdoor footwear must not be worn on the pool deck.
- Food, beverages or any breakable items (ex. Glass bottles) are not permitted on the pool deck or in the water. This includes chewing gum.
- Swimsuits must be worn in the pool, no baggy clothing. Babies must wear swimmer diapers, cloth and disposable diapers can leak and contaminate the pool.
- Spitting and nose blowing in the pool is prohibited.
- Persons with open cuts, sores or infections are not permitted in the pool.
- In order to wear a mermaid fin/tail in the pool, the swimmer must complete the swim test while wearing it (swim 50m of the pool without stopping).
- Taking photos and/or videos during public swims (lessons, lane swims, open swims and rec swims) is prohibited.
- Instructions from lifeguards and other staff must be obeyed. Everyone must exit the pool when they hear a long whistle blow.

FOR MORE INFORMATION CONTACT

StFX Welcome Desk: 902.867.2181

Antigonish County Recreation: 902.863.1141

Town of Antigonish Recreation: 902.318.4048